

The AMA and AAFP Credit Systems

ACCME Newcomers' Workshop
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Faculty

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Objectives

- Discuss the fundamental principles of the AMA and AAFP credit systems
- Describe the AMA's and AAFP's respective relationships to the ACCME
- Apply the knowledge gained regarding AMA PRA core and format-specific requirements to the process of appropriately certifying activities and awarding *AMA PRA Category 1 Credit™* to physicians
- Apply the knowledge gained regarding AAFP certification to the process of applying for Prescribed or Elective credit
- Access resources for further information about the AMA PRA credit system and the AAFP CME credit system

What are the CME Credit systems for physicians?

- American Academy of Family Physicians (AAFP)
 - AAFP Prescribed and Elective Credit
 - 1947
- American Medical Association (AMA)
 - AMA PRA Category 1 Credit™ and AMA PRA Category 2 Credit™
 - 1968
- American Osteopathic Association (AOA)
 - AOA 1A, 1B, 2A and 2B Credit
 - 1973

CME and licensure

- Demonstrate to public and profession the physician's commitment to lifelong learning and staying current in medical issues
- 62 of 68 Licensing boards require CME*
- All accept AAFP Prescribed, AMA PRA Category 1 Credit™, and AOA credit

* Vermont MD board is scheduled to require CME for licenses expiring after 8/13/14

What is the AMA PRA Credit System?

- The AMA Physician's Recognition Award (PRA) was established by AMA House of Delegates in 1968 to recognize physicians who regularly participate in continuing medical education.
- The AMA PRA Credit System was established as metric to be used for the PRA.
- The AMA owns the AMA PRA credit system.
- The AMA Council on Medical Education determines the requirements and eligible learning formats for earning AMA PRA credit.
- All states with mandatory CME requirements accept AMA PRA credit as meeting CME requirements for licensure renewal.



What is the relationship between the AMA and the ACCME/SMS?

- In 1981, the AMA and six other national organizations (ABMS, AHA, AHME, AAMC, CMSS, FSMB) formed the Accreditation Council for Continuing Education (ACCME)
- Within the US, the AMA only authorizes organizations accredited by the ACCME or a recognized state medical society to designate and award *AMA PRA Category 1 Credit™* to physicians
- The AMA reserves the right to withdraw the authorization to designate *AMA PRA Category 1 Credit™* if an organization violates AMA requirements, regardless of accreditation status

PRA Booklet
Pages 1, 3

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What is the process for awarding AMA PRA Credit?

- Organizations may certify an educational activity for *AMA PRA Category 1 Credit™* if:
 - The activity complies with all AMA PRA requirements, and
 - The organization is accredited by either the ACCME or one of its recognized state medical societies.
- The AMA does not charge either the accreditors or the accredited CME providers for this privilege.
- The AMA does not review CME activities.

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Who may be awarded AMA PRA Credit?

- AMA PRA credit is only awarded to physicians, defined as:
 - MDs
 - DOs
 - Equivalent medical degree from another country (<http://www.ecfmg.org/certification/reference-guide.html>)



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What is the AAFP Credit System?

- Providers apply directly to the AAFP on a per activity basis
- AAFP credit is awarded per activity and reviewed by AAFP staff and physician committees
- AAFP CME credit is designed primarily for physicians
- AAFP CME focuses specifically on the educational need of family physicians
- AAFP CME credit may be awarded to physicians and healthcare professionals of all specialties

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What is the process for awarding AAFP CME Credit?

- CME provider applies to the AAFP
- Online application
- Per activity basis
- Reviewed by staff and/or physician committee

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What is the AAFP's relationship to the ACCME/SCS?

- AAFP is a CME Credit System
 - Upholds Standards for Commercial Support
 - Requires attestation of compliance from all providers
- AAFP is a CME provider
 - Accreditation with Commendation

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Types of Credit

<p>AMA</p> <ul style="list-style-type: none"> • AMA PRA Category 1 Credit™ <ul style="list-style-type: none"> ◦ Certified and awarded by accredited CME providers ◦ Awarded directly by the AMA • AMA PRA Category 2 Credit™ <ul style="list-style-type: none"> ◦ Self-claimed and documented by individual physicians 	<p>AAFP</p> <ul style="list-style-type: none"> • AAFP Prescribed Credit <ul style="list-style-type: none"> ◦ Direct bearing on patient care ◦ Direct bearing on physician's ability to deliver patient care ◦ FP Member Input • AAFP Elective Credit <ul style="list-style-type: none"> ◦ Improves physician's professional ability ◦ Designed for other healthcare professionals
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Approved Learning Formats for Credit

<p>AMA</p> <ol style="list-style-type: none"> 1. Live activity 2. Enduring material 3. Journal-based CME activity 4. Test-item writing activity 5. Manuscript review activity 6. PI CME activity 7. Internet Point of Care activity 	<p>AAFP</p> <ol style="list-style-type: none"> 1. Live 2. Enduring material 3. Journal 4. Performance Improvement 5. Point of Care <p>*Physicians may also self-report credit for a variety of activities. These are separate from the credit system.</p>
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Live Activities

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Live Activity – Faculty Credit (AMA)

- Faculty credit is a type of live activity
- There are two categories of faculty credit
 - Faculty preparing and presenting an original presentation at a live activity certified for *AMA PRA Category 1 Credit™* (2006) **4-5**
 - Faculty preparing for and teaching medical students and residents in LCME and/or ACGME accredited programs (2013)
- Both recognize the learning that occurs in preparation for teaching, with the credit calculated on a 2:1 ratio to presentation time



Live Activity – Teaching Medical Students and Residents (AMA)

- Approved by AMA Council on Medical Education in March, 2013
- Institution must be ACCME/SMS accredited and LCME and/or ACGME accredited
- Provide clear instructions to learner that define the educational process of the activity
- Teaching must be verified by UME and/or GME office



Live Activity – Teaching Medical Students and Residents (AMA)

- Awarding *AMA PRA Category 1 Credit™* for teaching medical students and residents
 - Recognizes the learning that occurs as physicians prepare to teach
 - Calculated using a 2:1 ratio based on teaching time that uses what physicians learned in preparation



For more information contact
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Faculty Credit (AAFP)

- Self-reported by physicians
- Credit is 1:1 ratio
- Physicians may report a maximum of 60 Prescribed credits during a three-year re-election cycle for teaching medical students, residents, physicians, physician assistant students, physician assistants, nurse practitioner students, nurse practitioners, nursing students, or nurses in formal individual or live educational formats. Teaching is also considered a live activity.

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Enduring Materials

- Activity that endures over a specified time
- No real-time interaction
- Includes materials in:
 - Print, e.g. monographs
 - Audio, e.g. tapes, podcasts, CDs
 - Video, e.g. DVDs
 - Internet materials, e.g. archived webinars, internet videos

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Enduring Materials

- Provide clear instructions to learner on completion of activity
- Provide access to bibliographic sources
- Provide an assessment of learner that measures achievement of purpose/objectives with minimum performance level required for credit
 - Rationale - Brings consistency to what was already a frequent practice; strengthens confidence that physicians have assimilated the content and met the objectives.
- Credit calculation based on time it takes average target audience to complete; 60 minutes = 1 *AMA PRA Category 1 Credit™* (or) 1 AAFP Prescribed Credit

2011

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Journal-based CME

- Article, within a peer-reviewed professional journal, certified for credit prior to publication
 - Peer-reviewed article
 - Provide an assessment of learner that measures achievement of purpose/objectives with minimum performance level required for credit
 - Rationale - Brings consistency to what was already a frequent practice; strengthens confidence that physicians have assimilated the content and met the objectives.

2011

AMA: Individual articles are certified for 1 *AMA PRA Category 1 Credit™* (not time-based) **5**

AAFP: Credit calculation is the same as Enduring Materials

Performance Improvement (PI CME)

- 3 Stages
 - Stage A: Current practice performance assessment
 - Stage B: Application of PI to patient care
 - Stage C: Practice performance re-assessment after the PI CME effort
- Physician must begin with Stage A
 - Rationale - Ensures that a physician has done an assessment of practice to determine baseline and his/her performance that needs to be improved
- Certified for 20 *AMA PRA Category 1 Credits™*; or 20 AAFP Prescribed Credits; physician awarded 5 credits for each stage if only stage A or stages A and B are completed. **6-7**

2011

Internet Point of Care

- Structured activity in which physician engages in self-directed, online learning on topics relevant to practice
 - 3 stage learning cycle must be completed
 1. Review clinical question
 2. Identify relevant sources
 3. Describe application to practice
 - Certified for 0.5 *AMA PRA Category 1 Credit™* or 0.5 AAFP Prescribed Credits for completion of each cycle. **7**

AMA ONLY: Test Item Writing

Physicians learn through contributions to development of high-stakes examinations or certain peer-reviewed self-assessment activities

- Be developed only for:
 - NBME examinations;
 - ABMS member board certification examinations; and
 - National specialty society peer-reviewed, published, self-assessment examinations.
- Depth and scope that requires review of literature and evidence base
- Includes participation in a group peer review process
- Completion of process certified for 10 *AMA PRA Category 1 Credits™* (not time-based)

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AMA ONLY: Manuscript Review

Physicians learn through the critical review of an assigned journal manuscript

- Reviewed article must be submitted to a journal indexed in MEDLINE
- Manuscript must be original article requiring multiple reviewers
- Depth and scope that requires review of literature and evidence base
- Credit only awarded for acceptable reviews
 - Rationale - Provides consistency that credit is awarded to physicians that fully participate in activity in a meaningful way
- Certified for 3 *AMA PRA Category 1 Credits™* (not time-based)



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AMA: What are the Core Requirements for all Learning Formats?

1. Conform to AMA's definition of CME
2. Address demonstrated educational needs
3. Communicate to participants a clearly identified educational purpose/objectives
4. Designed using appropriate AMA approved learning formats; credit based on the format
5. Content appropriate in depth and scope for intended physician audience

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AMA: Core Requirements for all Learning Formats (cont.)

6. Planned in accordance with relevant CEJA ethical opinions (E-8.061 "Gifts to Physicians from Industry", E-9.011 "Continuing Medical Education" and E-9.0115 "Financial Relationships with Industry in Continuing Medical Education") and ACCME Standards for Commercial Support; nonpromotional
7. Evaluate effectiveness in achieving purpose/objectives
8. Document credits claimed by physicians
9. Certified for *AMA PRA Category 1 Credit™* in advance of activity
10. Include the AMA PRA Credit Designation Statement in activity materials

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Eligibility Requirements for All AAFP CME Credit

For Prescribed and/or Elective:

- Evidence Based Medicine
- CGA

For Elective:

- Neither EB or CGA but not deemed dangerous or ineffective

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All AAFP CME applicants must submit:

- Statement of Purpose
- Learning Objectives
- ACGME competencies addressed
- Faculty Information
- Hour-by-hour Agenda
- Attestation of compliance with ACCME SCS

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AMA PRA Credit Designation Statement

- For all activities except teaching medical students and residents
 - The [name of accredited CME provider] designates this [learning format] for a maximum of [number of credits] *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **7**
- A live activity for teaching medical students and residents has its own credit designation statement because the number of credits will not be known in advance
 - The [name of accredited CME provider] designates this live activity for a maximum of 2 *AMA PRA Category 1 Credits*[™] per 1 hour of interaction with medical students and/or residents/fellows. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

New!

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Documentation provided to physician participants

Must accurately reflect:

- Physician's name;
- Name of accredited CME provider;
- Title of the activity;
- Learning format;
- Location of the activity (if applicable);
- Date(s) of live activity or date that the physician completed the activity; and
- The number of *AMA PRA Category 1 Credits*[™] awarded.

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AAFP Credit Designation Statement

This (activity type) activity, (insert title of activity), with a begin date of (insert the date), has been reviewed and is acceptable for up to ____ (Prescribed or Elective) credit(s) by the American Academy of Family Physicians.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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What activities are ineligible for AMA PRA credit?

- Incidental to the regular professional activities or practice of a physician
 - Clinical experience
 - Charity or mission work
 - Mentoring
 - Surveying
 - Serving on a committee, council, HOD, etc.
 - Passing examinations

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What activities are ineligible for AAFP credit?

- Activities with a primary purpose of personal enrichment for the physician
- Activities that may be educational but are part of a physician's professional responsibility
- Viewing of non-hosted technical or scientific exhibits or poster sessions.
- Audit conferences that are medical staff activities.
- Activities that provide historical perspective on medicine, unless the activity shows relevance to current medical issues.
- Any portion of a course spent participating in a tour.
- Supplemental reading that is not provided as an integral part of a CME activity.
- Activities produced by proprietary.
- CME that promotes to physicians, or teaches physicians how to use, diagnostic and therapeutic interventions determined to be dangerous or ineffective

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AMA/AAFP Equivalency

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to *AMA PRA Category 1 Credit*™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed credit, not as *AMA PRA Category 1 Credit*™.

What does the AMA do to assure that the AMA PRA Credit System stays current?

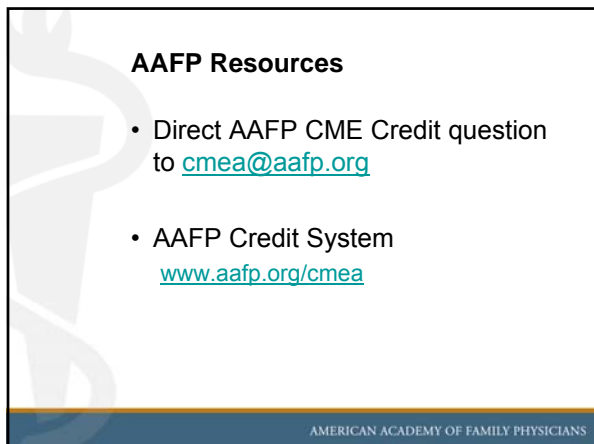
- Quality improvement process
- Ensures that the standards for AMA certified CME continue to:
 - Enhance the core mission of AMA;
 - Are physician-centered;
 - Help physicians improve patient care;
 - Are based on valid adult-learning principles; and
 - Demonstrate that the credit earned is credible to physicians, public, credentialing agencies, medical boards, and other stakeholders.
- Most recent revisions became effective for activities presented or released on or after July 1, 2011.

AAFP Quality Assurance

- Audit Process
- Commission on Continuing Professional Development (COCPD)
- Physician Review Process

AMA Resources

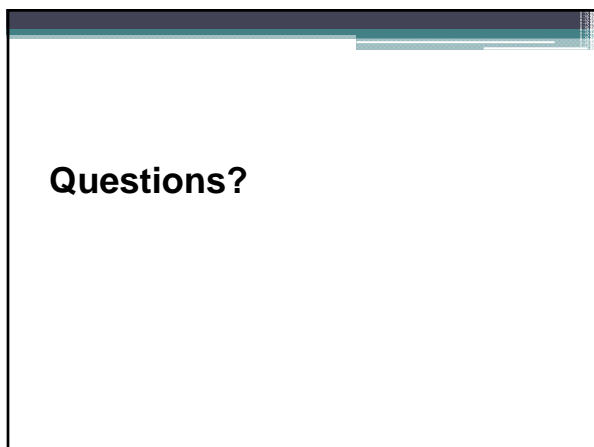
- Direct AMA PRA questions to cme@ama-assn.org
- AMA PRA credit system
 - www.ama-assn.org/go/prc
 - www.ama-assn.org/go/prbooklet
- AMA Division of Continuing Physician Professional Development (CPPD)
 - www.ama-assn.org/go/cppd
- Resources for physicians
 - www.ama-assn.org/go/cme
- Information for CME providers
 - www.ama-assn.org/go/cmeprovider
- AMA MedEd Update – sign up via:
 - <http://www.ama-assn.org/ama/pub/news/subscribe-newsletters.page>



AAFP Resources

- Direct AAFP CME Credit question to cmea@aafp.org
- AAFP Credit System www.aafp.org/cmea

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Questions?
