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# **ER/LA Opioid REMS Accredited CME Activities As Reported in PARS**

## **2018 Update**

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## **ER/LA Opioid REMS Accredited CME Activities As Reported in PARS—2018 Update**

The Accreditation Council for Continuing Medical Education (ACCME®) produces periodic updates about educational activities reported by continuing medical education (CME) providers as compliant with the [Food and Drug Administration's \(FDA\) Extended-Release and Long-Acting Opioid Analgesics \(ER/LA\) Risk Evaluation and Mitigation Strategy \(REMS\)](#). Accredited CME providers in the ACCME System report this learner and activity data into the ACCME's Program and Activity Reporting System (PARS). The ACCME produces these reports as a service to the accredited CME community and other stakeholders. First published in September 2014, this report has been revised again to reflect cumulative data available as of May 30, 2018.

### **The ACCME's Program and Activity Reporting System**

The ACCME's [Program and Activity Reporting System \(PARS\)](#) was launched in 2010 to streamline the collection of activity data submitted by accredited CME providers in support of ACCME reporting requirements. It contains information about all of the CME activities offered by all of the accredited providers in the ACCME System.

### **Modifications to PARS for the FDA's ER/LA Opioid Analgesics REMS**

In 2013, the ACCME adapted PARS to accommodate data specific to accredited CME activities offered as part of the FDA ER/LA Opioid Analgesics REMS. This adaption of PARS was done as a service to the CME providers, and as an operational support for the REMS process that was, for the first time, integrating accredited CME into this important public health initiative. Activities that meet the FDA's standards for this REMS are referred to as *REMS-compliant*.

All the costs for adapting PARS to the REMS process were borne by the providers funded by the REMS Program Companies (RPC), the consortium of opioid manufacturers that are responsible for fulfilling the FDA ER/LA Opioid Analgesics REMS.

The PARS data collection system for this REMS was created in compliance with the MedBiquitous MEMS 2.0 Standard so as to ensure interchangeability and accuracy.

The ACCME does not require CME providers to report this data. CME providers choose to cooperate as part of the terms and conditions of their commercial support agreement with the RPC. Cooperating providers are instructed to complete the section of the PARS Activity Entry form if the activity is ER/LA Opioid REMS-compliant or REMS-related. See Appendix A.

**The following analysis is based on data reported in PARS as of May 30, 2018.**

In ACCME’s PARS database, 109 accredited providers have reported 892 REMS-compliant CME activities. Of the 892 activities, 866 were funded by the REMS Program Companies (RPC) (Table 1). The analysis that follows includes data from both activities that were funded by the RPC and those that were not funded by the RPC. Three providers offered activities in both categories, so those providers are counted in both provider groups. Appendix B lists those accredited providers that offered REMS-compliant activities during 2017 and that gave the ACCME permission to publish their names.

	<b>Providers</b>	<b>Activities</b>
Non-RPC Funded	12	26
RPC Funded	97	866
<b>Total</b>	<b>109</b>	<b>892</b>

Table 1. Number of accredited CME providers offering REMS-compliant CME activities. This includes all activities that have already been held, are currently available, or planned for the future.

These 892 activities were presented in a variety of formats. The most common were live lecture or case-based discussions (Table 2).

Activity Type	Count	Activity Subtype(s)*						
		Panel	Lecture	Sm. - Group Discussion	Case-based Discussion	Simulation	Skill-based Training	Other
Live – Course	679	35	277	15	127	0	16	16
Live - Internet Course	55	8	20	0	20	2	0	1
Live - Regularly Scheduled Series	2							
<b>Total Live Activities</b>	<b>736</b>	<b>43</b>	<b>297</b>	<b>15</b>	<b>147</b>	<b>2</b>	<b>16</b>	<b>17</b>
Enduring Material – Internet	120							
Enduring Material – Other	34							
<b>Total Enduring Material Activities</b>	<b>154</b>							
<b>Performance Improvement</b>	<b>2</b>							
<b>Grand Total</b>	<b>892</b>	<b>43</b>	<b>297</b>	<b>15</b>	<b>147</b>	<b>2</b>	<b>16</b>	<b>17</b>

\*Providers of live courses and live Internet courses may report the sub-type(s) of the activity. They may report more than one sub-type for each activity, therefore total sub-types is not expected to equal total activities.

Table 2. ER/LA Opioid REMS-compliant CME activities, by activity type and sub-type. This includes all activities that have already been held, are currently available, or planned for the future.

Of the 892 ER/LA Opioid REMS-compliant activities that were reported in PARS, 864 have already been held or released: 657 courses, 117 Internet enduring materials, 34 other enduring materials, 52 Internet live, 2 performance improvement and 2 regularly scheduled series.

While the majority of activities were live courses, the majority of learners participated in activities offered as Internet enduring materials (Figure 1).

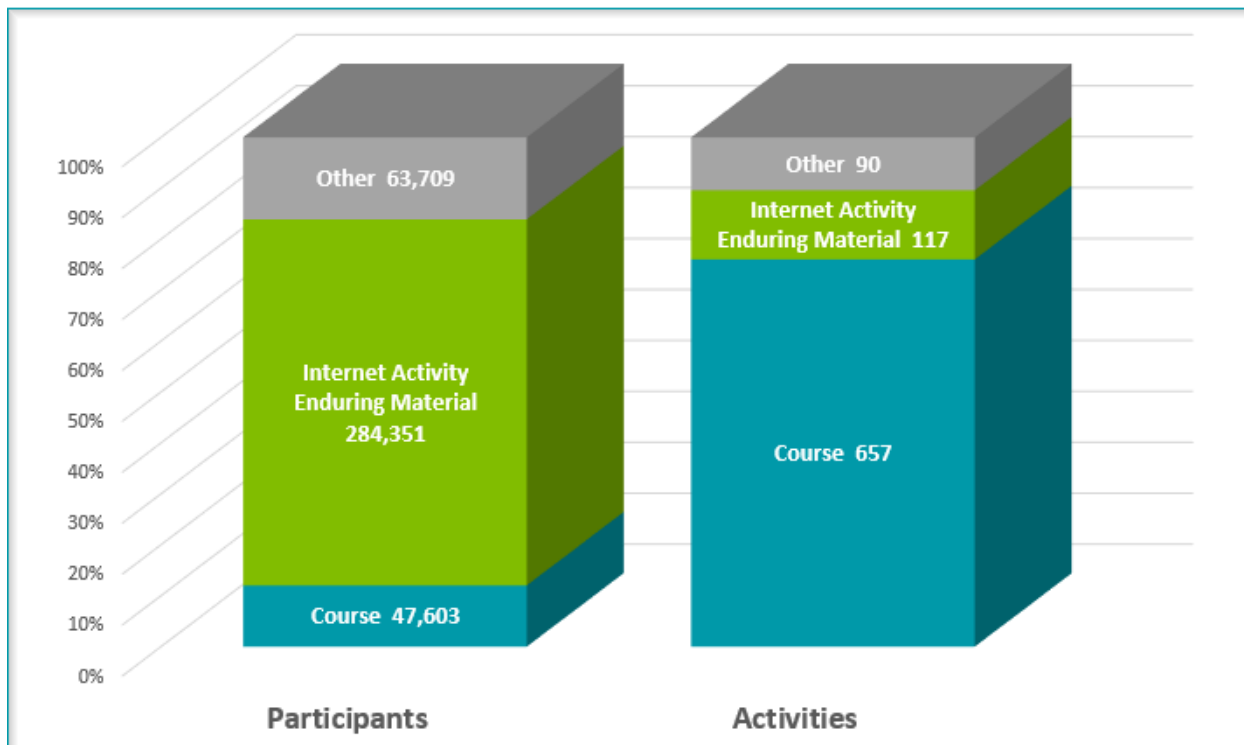


Figure 1. Numbers and percentages of ER/LA Opioid REMS-compliant CME activities by type. This includes activities that have already been held or are currently available; it does not include activities planned for the future.

Of 395,663 participants in ER/LA Opioid REMS activities that have been held, 49% were registered to prescribe schedule 2 or 3 drugs (registered prescribers). Of these, approximately 48% were FDA-defined prescribers who had written at least one prescription for an ER/LA opioid in the last year (Table 3).

Group	# participants in group	% of preceding group
Participants <i>Successfully completing</i>	395,663	-
Participants successfully completing ... who are registered to prescribe Schedule 2 or 3 drugs	194,328	49%
Prescribers successfully completing ... who are registered to prescribe Schedule 2 or 3 drugs <b>and</b> who wrote at least one prescription in the last year (FDA-defined prescribers)	93,192	48%

Table 3. Participants who completed ER/LA Opioid REMS-compliant CE activities, including total numbers, registered prescribers, and FDA-defined prescribers.

Of the 93,192 FDA-defined prescribers reported as successfully completing these CME activities, physicians, advanced practice nurses, and physician assistants made up the largest groups, totaling 93.3% of the prescribers reported (Figure 2).

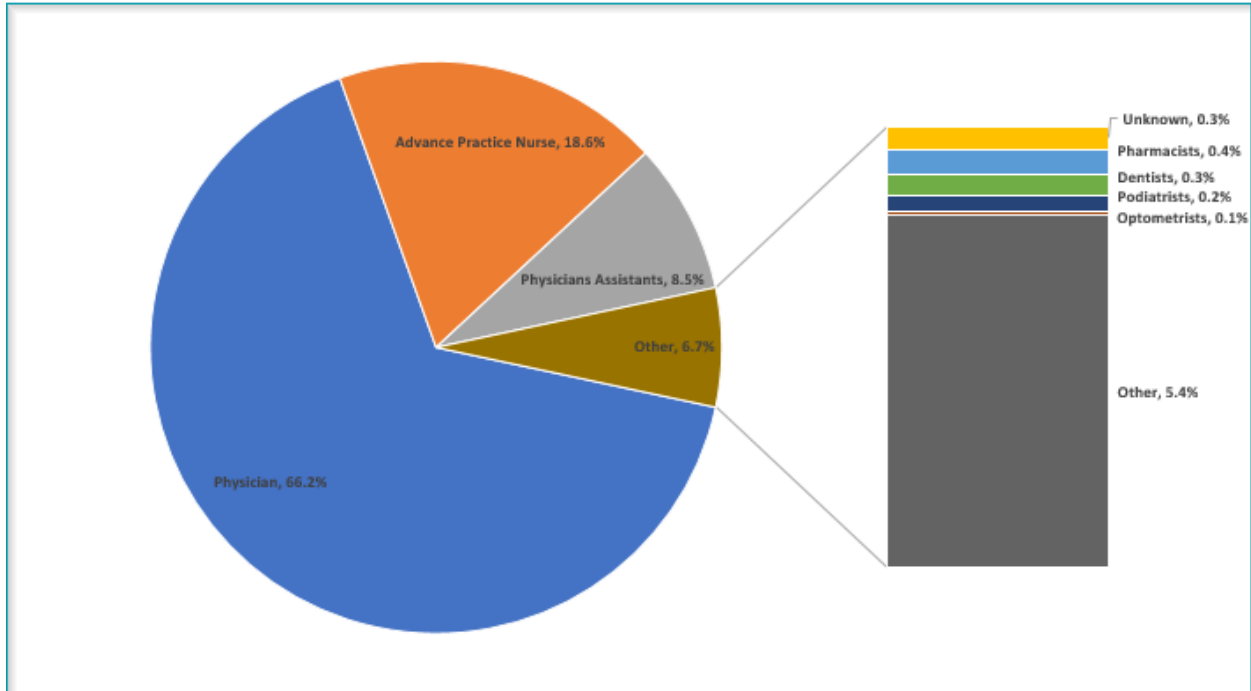


Figure 2. FDA-defined prescribers who have successfully completed ER/LA Opioid REMS-compliant CE activities, by profession (n=93,192).

The ACCME requires accredited providers to design and analyze CME activities for their impact on learner competence, performance, and/or patient outcomes. Figure 3 shows what type of change the CME activity was designed to facilitate and what type of change was analyzed upon completion of the activity.

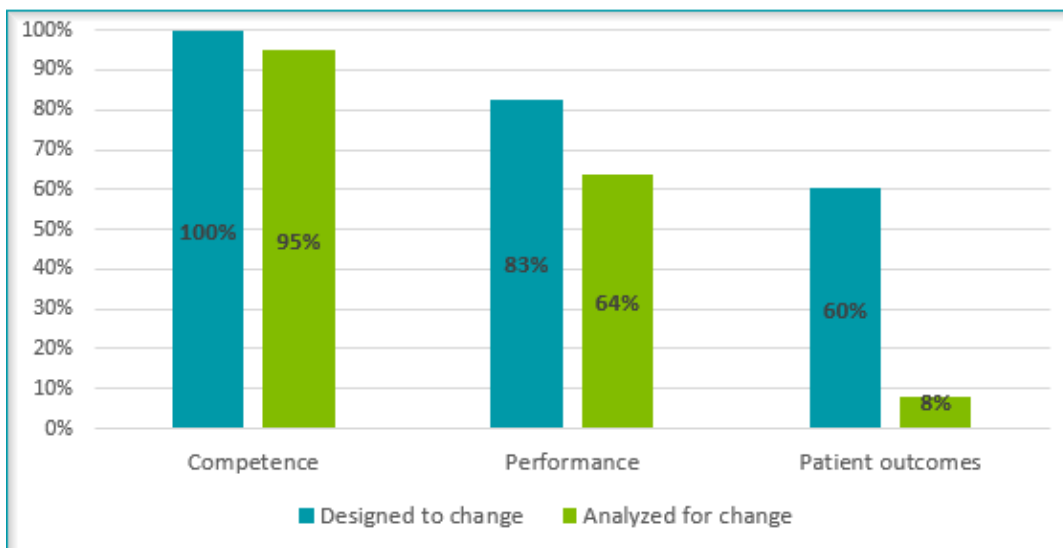


Figure 3. Percentage of activities that were designed and/or analyzed for change in competence, performance, and/or patient outcomes.

The ACCME also requires providers to plan activities that address various professional attributes, or competencies, as defined by the Accreditation Council for Graduate Medical Education (ACGME)/American Board of Medical Specialties (ABMS), the Institute of Medicine, the Interprofessional Education Collaborative, and others. Beginning in late 2013, providers had the opportunity to report in PARS which professional competency(ies) their CME activities addressed. Reporting of competencies became required for all CME activities beginning January 1, 2015, and activities may be planned in the context of multiple competencies.

<b>Competency*</b>	<b>Activities</b>	<b>Total Participants</b>
<b>ACGME/ABMS Group</b>		
Interpersonal and Communication Skills	402	238,019
Medical Knowledge	581	339,540
Patient Care and Procedural Skills	553	278,139
Practice-based Learning and Improvement	196	147,697
Professionalism	302	197,872
Systems-based Practice	179	153,028
<b>Institute of Medicine Group</b>		
Apply quality improvement	109	45,760
Employ evidence-based practice	333	218,573
Provide patient-centered care	331	211,604
Utilize informatics	191	158,219
Work in interdisciplinary teams	218	183,424
<b>Interprofessional Education Collaborative Group</b>		
Interprofessional Communication	199	78,638
Roles/Responsibilities	83	34,247
Teams and Teamwork	84	44,697
Values/Ethics for Interprofessional Practice	135	147,475
<b>Other Competencies</b>	<b>30</b>	<b>2,914</b>

\* Providers may report more than one competency for an activity.

Table 4. Activities and total participants in ER/LA Opioid REMS CME activities that were designed to address professional competencies.

Table 5 shows ER/LA Opioid REMS-compliant CME activities that have already been held by type of CME provider. This shows that more hospital/healthcare delivery systems (49) offer this education than other organizational types, while schools of medicine offer the largest number of activities (307) and publishing/education companies reached the most participants (173,033) and FDA-defined prescribers (41,058).

<b>CME Provider Type</b>	<b>Providers</b>	<b>Activities</b>	<b>All Participants</b>	<b>FDA-defined Prescribers</b>
Hospital/Healthcare Delivery System	49	87	4,076	1,505
Insurance Company/Managed Care Company	1	2	47	11
Non-profit (Other)	6	29	7,531	2,433
Non-profit (Physician Membership Org)	28	272	72,676	16,575
Not Classified	2	8	334	61
Publishing/Education Company	8	159	173,033	41,058
School of Medicine	12	307	137,966	31,549
<b>Totals</b>	<b>106</b>	<b>864</b>	<b>395,663</b>	<b>93,192</b>

Table 5. CME providers, activities, participants, and FDA-defined Prescribers by CME provider type. This includes activities that have already been held or are currently available but does not include activities planned for the future.

Figure 4 shows the distribution of locations for the presentation of **live** ER/LA Opioid REMS-compliant activities (planned and already held, n=711). Live activities have been offered in nearly every region of the country. The number of activities offered in each state loosely correlates to the population of the state.

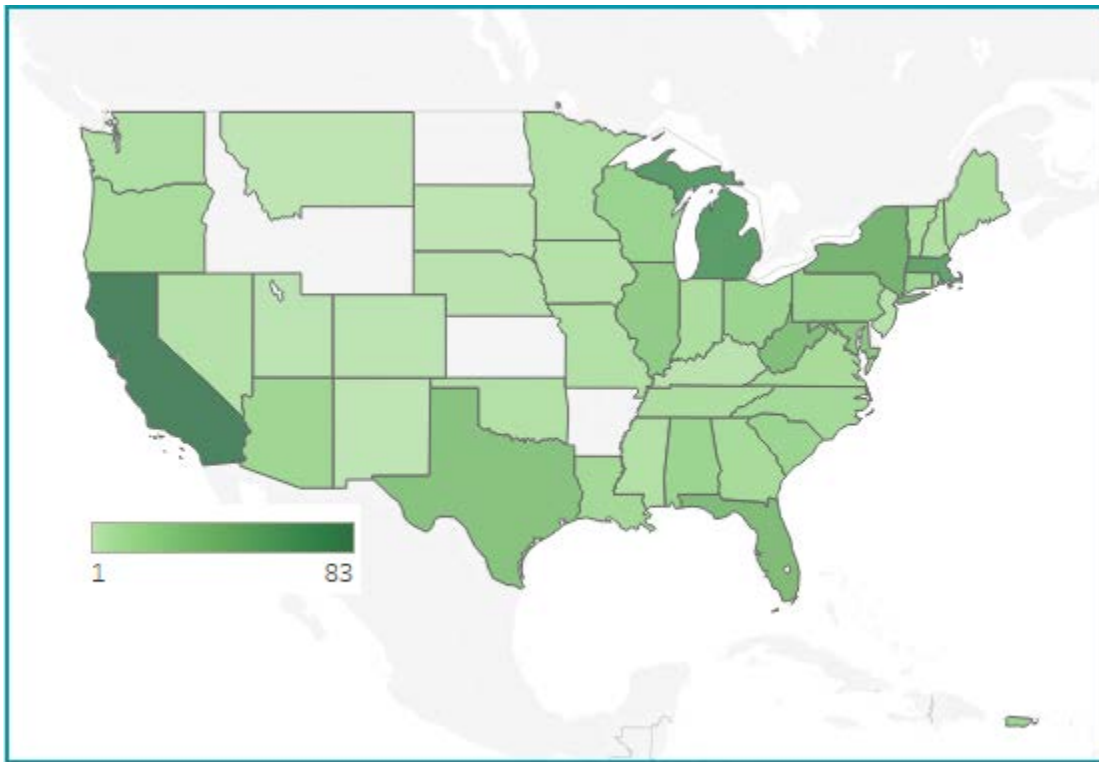


Figure 4. Geographic location of live ER/LA Opioid REMS-compliant CME. This includes activities that have already been held, are currently available, or that are planned for the future.

## Appendix A: Section in PARS about activities that are REMS-compliant or REMS-related

If this is an ER/LA Opioid REMS activity that is commercially supported by the REMS Program Companies (RPC)/Campbell Alliance, Ltd., you can fulfill the activity data reporting requirements of your commercial support agreement by completing the questions in the FDA REMS section below. You may also choose to complete this section if this activity addresses the ER/LA Opioid REMS but it is funded by a commercial supporter other than the RPC/Campbell Alliance, Ltd. or it does not receive any commercial support. If this is not an ER/LA Opioid REMS activity, then you do not need to complete the questions in the section below.

### Food and Drug Administration (FDA) Risk Evaluation and Mitigation Strategy (REMS) ?

The goal of this section is to facilitate data collection that will demonstrate the scope of REMS activities. The data is collecting this data as a service to the providers, the FDA, and other stakeholders. It is the provider's choice whether or not to enter this data. This activity can be closed and your year-end reporting requirements can be met without this data.

If this activity addresses an FDA REMS, select the REMS from the list below. If not leave as "Not a REMS activity".

Extended-Release (ER) and Long-Acting (LA) Opioid Analgesics Risk Evaluation and Mitigation Strategy (REMS) ▼

**Question A.** Check here if this is a REMS activity commercially supported by the REMS Program Companies (RPC)/Campbell Alliance, Ltd.  By checking this box you agree to (1) allow information about this activity to be released to the RPC for its unrestricted use, (2) comply with requests for information about this activity if it is selected for a REMS audit, and (3) pay the REMS Service Fee for this activity. *If you have checked this box, skip question B and move to question C.*

**Question B.** This question relates only to activities that are not commercially supported by the RPC/Campbell Alliance, Ltd. The activity data you report here will not be shared with any external organizations without your explicit permission. The data may be aggregated and published to an annual report; however individual activities and providers will not be identified. This activity is (select one):

REMS-compliant *A compliant activity is one that meets all of the FDA requirements for that REMS. For the REMS that you selected, the requirements are as follows:*

The activity,

- includes all elements of the [FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics \("FDA Blueprint"\)](#)
- includes a post-course knowledge assessment of all of the sections of the FDA Blueprint
- is subject to independent audit to confirm that conditions of the REMS training have been met

REMS-related

Please complete the fields below regarding this activity's participants.

**Question C.** Number of clinicians who successfully completed and who are registered with the DEA to prescribe Schedule 2 or 3 drugs

**Question D.** Of the number of clinicians you entered in Question C, how many have written at least one ER/LA opioid prescription in the past year?

**Question E.** For the clinicians you counted in Question D did you collect information about:

Their professions?

Yes  No

Number of Physicians

Number of Advanced Practice Nurses

Number of Pharmacists

Number of Dentists

Number of Optometrists

Number of Physician Assistants

Number of Podiatrists

Number of Others ?

Number of Unknown ?

Their practice types?

Yes  No

Number of Primary Care ?

Number of Pain Specialists ?

Number of Non-Pain Specialists ?



## Appendix B: Accredited Providers that Reported REMS-compliant Activities in PARS in 2017

The following education providers, accredited within the ACCME system, offered REMS-compliant activities during 2017, and reported both activity and learner data via PARS that are included in this 2018 REMS Data Report:

Academia Medica del Sur

American Academy of Physical Medicine And Rehabilitation

American College of Physicians

Boston University School of Medicine

CO\*RE (Collaboration for REMS Education):

American Academy of Hospice & Palliative Medicine

American Pain Society

American Society of Addiction Medicine

California Academy of Family Physicians

Interstate Postgraduate Medical Association of North America

Medscape, LLC

Southern Regional AHEC

Elsevier Office of Continuing Medical Education

Global Education Group, Ltd.

Hawaii Consortium for CME

Johns Hopkins University, School of Medicine

Miles Health Care Memorial Hospital

Penn Highlands DuBois

pmiCME

Postgraduate Institute for Medicine